

# IPOON CHALLENGE

**DAGDAGAN ANG IYONG KITA  
SA LOOB NG ISANG BUWAN!**

*#ChinkPositive #Iponaryo  
#IponChallenge #KayangKayaPala*



# PANATANG IPONARYO

Ako ay isang **IPONARYO**.

Papahalagahan ko at iipunin ang aking pera,  
Dahil ito ay bunga ng aking pagod  
at paghihirap.

Bilang ganti, ito ay aking itatabi sa alkansya  
at bangko.

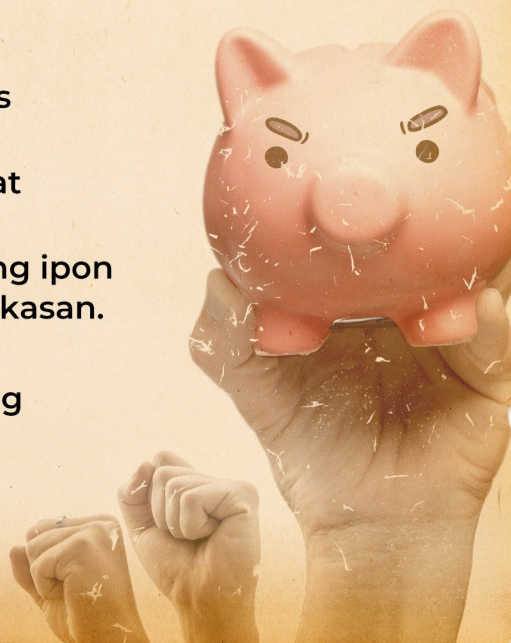
Gagawin ko ang **IPON CHALLENGE**  
ni Lodi Chinkee Tan.

Babawasan ko rin ang aking katakawan,  
Para mabawasan ang mga bilbil ko sa  
katawan.

Iwasan ko rin ang pagiging maluho  
at mayabang,  
Upang hindi ako maghikahos at mabaon  
sa utang.

Ang mga barkadang waldas  
sa pera ay aking lalayuan.  
Lalayo sa mga sale sa mall at  
magbubulag-bulagan.  
Lagi kong uunahin ang aking ipon  
para sa magandang kinabukasan.

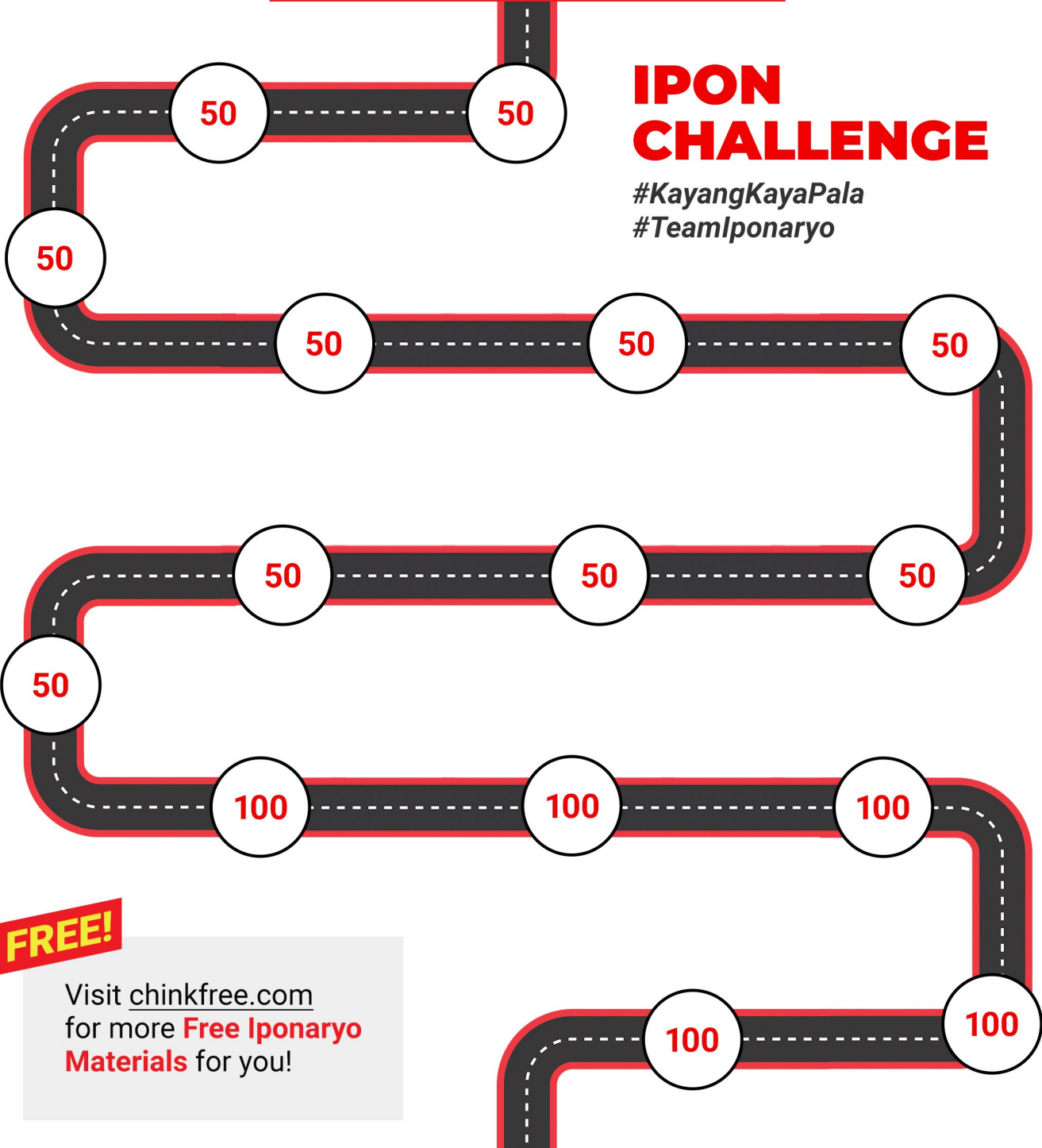
Sisikapin kong maging isang  
tunay na **IPONARYO**,  
Sa isip, sa salita, at sa gawa.



# ROAD TO 1K

## IPON CHALLENGE

#KayangKayaPala  
#TeamIponaryo



**FREE!**

Visit [chinkfree.com](http://chinkfree.com)  
for more **Free Iponaryo**  
**Materials** for you!



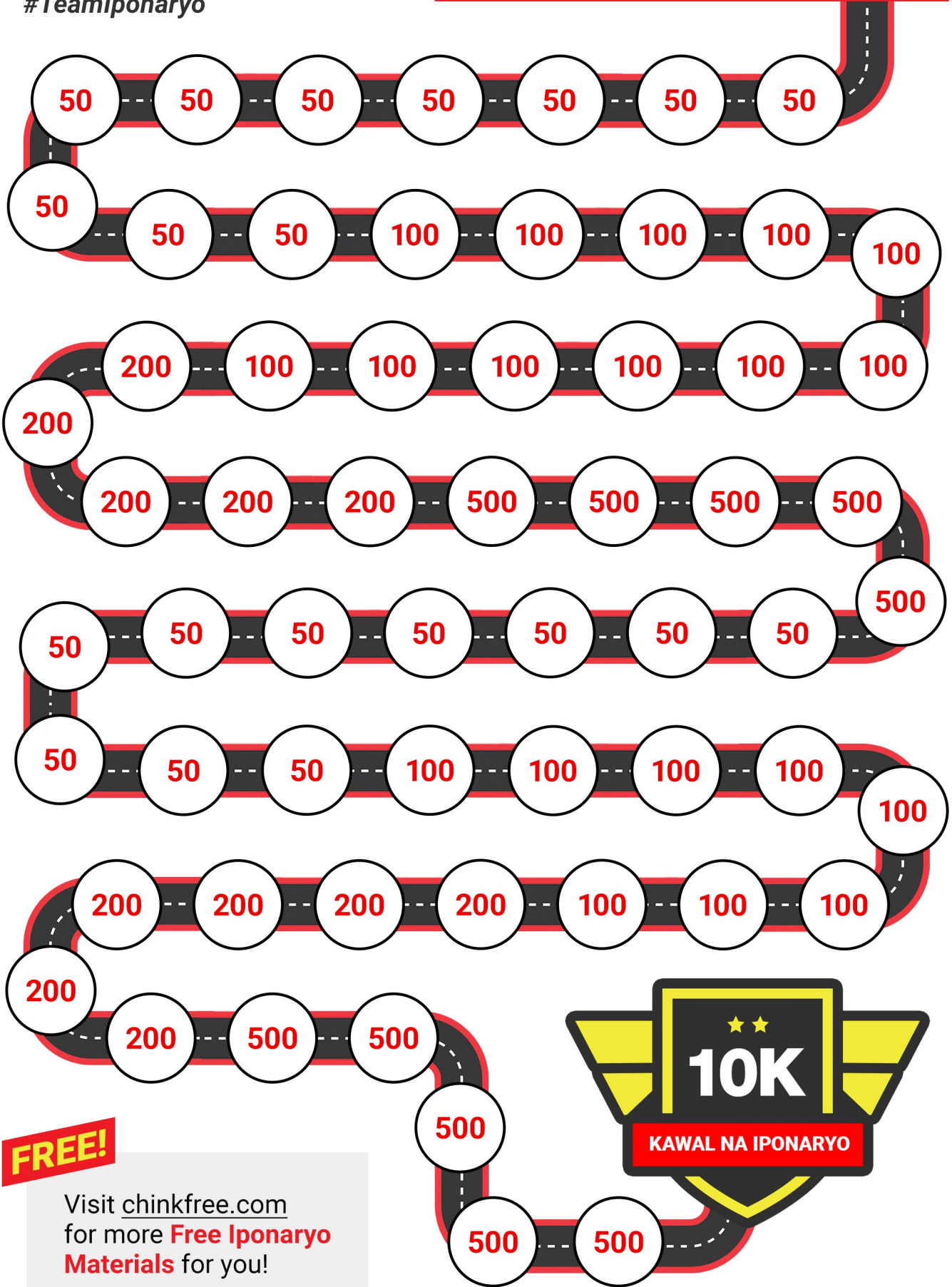




# IPON CHALLENGE

#KayangKayaPala  
#TeamIponaryo

# ROAD TO 10K



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